

Tamara Private Hospital Launches Half Day Rehabilitation Program

Tamara Private Hospital will launch its Half Day Rehabilitation Program on 1st August 2015 in response to a growing demand for locally based rehabilitation services. The Half Day Rehabilitation Program will complement the hospital's existing inpatient rehabilitation services. The Half Day program will provide an intensive rehabilitation for those who have been referred by their doctor or their specialist.

Tamara's comprehensive rehabilitation services are designed to assist patients to regain the greatest level of independence possible after illness, injury or surgery. Programs have been designed to cater for patients requiring orthopaedic, neurological, musculoskeletal, reconditioning and amputee rehabilitation.

The unit is supported by the Allied Health Manager and team of allied health practitioners; comprising of Physiotherapists, Exercise Physiologist, Occupational Therapists, Speech Pathologist and Social Worker who work under the direction of Tamara's Rehabilitation Physician. The Rehabilitation Physician will assess each patient for appropriateness to the program and collaborate with the team who will create an individual patient management plan. Patients and carers play an integral role within the team and are encouraged to participate in planning and goal setting within their program.

Patients will partake in rehabilitation programs within Tamara's large gymnasium, consulting rooms, treatment areas and rehabilitation garden. Locally based rehabilitation services at Tamara Private Hospital will alleviate the need for patients to travel out of town for similar services.

Tamara Private Hospital also provides an expanding range of allied health services including: outpatient physiotherapy; occupational therapy and exercise physiology which can be accessed through your doctor or self-referral.

Please contact Tamara Private Hospital on 02 6766 1955 for more information or consult with your General Practitioner.



Tamara's Rehabilitation Unit Team: Fiona Downey, Annette Byng, Maree Nower, Sarah Hetherington, Rebecca Moffat, Amy Price, Rhiannon Peoples, Nicola Cotter, Jean Sorrenson, Tony Gibson, Mia Petchell.



Now running

Tamara Private Hospital races ahead with Half Day Rehabilitation

• Orthopaedic • Musculoskeletal • Reconditioning • Amputee • Neurological

Patients can be referred to Tamara's Half Day Rehabilitation Program by their GP, physician or surgeon. Please contact the Rehabilitation Unit for more information on:

02 6764 5690 www.tamaraprivate.com.au

2-6 Dean Street, Tamworth, NSW, 2340

TAMARA
PRIVATE HOSPITAL